



International Training  
Center Paris

# TRAINING SCHEDULE

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# BUILDING HIGH-PERFORMANCE TEAMS

## Overview:

The Building High-Performance Teams training program is designed to equip participants with the skills and knowledge necessary to effectively lead and manage teams in order to achieve superior results. The program is ideal for managers, team leaders, and anyone looking to develop their team-building skills. Participants will learn how to identify and utilize the strengths of each team member, motivate and engage team members, and create a high-performance team culture.

### Training Objectives:

- Understand the key elements of high-performance teams
- Learn how to identify and leverage individual strengths within a team
- Develop strategies for building and maintaining a high-performance team culture
- Learn techniques for motivating and engaging team members
- Develop effective communication and conflict resolution skills for team management
- Gain practical tools and skills for effective team decision making and problem solving

By the end of the program, participants will have a comprehensive understanding of what it takes to build and lead high-performance teams. They will have gained practical skills and tools that can be applied immediately in their work environment. Participants will also have the opportunity to network and learn from other professionals in the program, creating valuable connections that can help support their ongoing professional development.

## Targeted Groups:

- Team leaders
- Department managers
- Project managers focusing on team dynamics
- Leaders interested in enhancing team collaboration and productivity
- Professionals aiming to create cohesive and efficient teams

# Planning:

## **Day 1: Introduction to High-Performance Teams**

- Key elements of high-performance teams
- Characteristics of effective team leaders

## **Day 2: Identifying and Leveraging Individual Strengths**

- Understanding personality types
- Identifying individual strengths and weaknesses
- Leveraging individual strengths for team success

## **Day 3: Building a High-Performance Team Culture**

- Developing team values and norms
- Strategies for building a positive team culture
- Addressing conflicts and negativity within a team

## **Day 4: Motivating and Engaging Team Members**

- Techniques for motivating and engaging team members
- Identifying and addressing demotivators within a team
- Creating a sense of ownership and accountability

## **Day 5: Effective Communication and Decision Making**

- Communication strategies for team management
- Techniques for effective team decision making and problem solving
- Balancing individual and team needs in decision making